

Lift, Ladder and Harness Safety Training Form

(Review with each new employee and site Supervisor before any work begins)

| | | | |
|--------------------|--|-----------|--|
| New Employee Name: | | | |
| Signature: | | Date: | |
| Department: | | Building: | |

Contractor Safety Training Checklist

- I. Lift Safety
 - ☐ Basic Lift Safety
- II. Lift Styles Available On – Site – Check all that apply
 - ☐ Genie AWP Super Series 25
 - ☐ Genie GR – 12
 - ☐ Genie GR – 20
 - ☐ SkyJack SJIII 321
- III. General Information
 - ☐ Building Entry and Exiting
- IV. Ladder Safety
 - ☐ Basic Ladder Safety
 - ☐ 3 Points of Contact
 - ☐ Ways to Reduce your Chances of Falls
- V. Ladder Varieties
 - ☐ Platform Ladders
 - ☐ Step Ladders
 - ☐ Extension Ladders
- VI. Inspections
 - ☐ Inspection Specifications
- VII. General Harness Safety
 - ☐ Safety Harness Guidelines
 - ☐ Fail Criteria
 - ☐ How to Wear a Harness - Visual
 - ☐ How to Wear a Harness
 - ☐ Safety Factor if You Fall