

Employee Fall Protection Training

This Company has a written fall protection program that details its responsibilities under Occupational Safety and Health Administration (OSHA) fall protection requirements: 29CFR 1926 Subparts E (Personal Protective Equipment 1926.105 - 106), L (Scaffolding 1926.450 - 454 and Appendices A - E), M (Fall Protection 1926.500 - 503 and Appendices A - E), R (Steel Erection 1926.760 - 761 and Appendices D and G) and CC (Cranes and Derricks 1926.1423). All employees will be trained by a competent person* who is qualified to any job assignment where fall protection is required. The training will enable each employee to recognize fall hazards and to follow appropriate procedures that minimize the hazards. This record certifies the following employees have been trained to recognize fall hazards and to use appropriate fall protection systems and methods to minimize exposures to the hazards, as required in 1926.503(b).

Employee Name:

FALL PROTECTION EQUIPMENT COVERED IN TRAINING				
Type of Equipment	Manufacturer / Model #	Employee Signature	Trainer Signature*	Date
Full Body Harness	DBI Sala / Model # 1102000			
Shock - Absorbing Lanyard				
Work Positioning Lanyard				
Self - Retracting Lifeline (SRL)	Protecta / Model #'s 3100425 & 3100431			
Restraint Line	Clarified for field use			
Horizontal Lifeline	Clarified for field use			
Vertical Lifeline	Clarified for field use			
Incline Line				
Rope Grab				
Deceleration Device				
Locking Snap Hooks	Clarified for field use			
Locking Carabineers	Clarified for field use			
Controlling Descent / Self - Rescue				
Relief Straps	Clarified for field use			
Anchorage	Beamer Guardian / Model #00102			
Safety Nets				
FP on Aerial Work Platforms (AWPs)				
FP on Crane - Supported Personnel Platforms				
Other : Cross Arm Strap	Guardian Cross Arm Strap / Model # 10787			
Other				

Warning Access Zones and Safety Monitors: For Leading edge work [29 CFR 1926.501(b)(2)] and precast concrete [29 CFR 1926.501(b)(12)] work where the employer can demonstrate that it is infeasible or creates a greater hazard to utilize conventional fall protection equipment, the employer may decide to use controlled access zones and safety monitors. The OSHA position is that it is feasible and the employer has the burden to provide proof that it is infeasible and to prepare a site specific plan in accordance with 29 CFR 1926.502(k). The Quality Electric Inc. position is that the conventional method of fall protection is feasible in these activities.

OSHA STANDARD / COMPANY PROGRAM COVERED IN TRAINING	Employee Signature	Trainer Signature*	Date
Company's Written Fall Protection Program			
Company's Written Fall Protection Rescue Plan			
Trained to Perform Rescue of Fallen Worker Suspended by Fall Arrest			
Subpart E (Safety Nets) 29 CFR 1926.105			
Subpart E (Working Over Water) 29 CFR 1926/106			
Subpart L (Scaffolds / Aerial Lifts) 29 CFR 1926.450 - 454 and Appendix A - E			
Subpart M (Fall Protection) 29 CFR 1926.500 - 503 Appendix B - E			
Subpart R (Steel Erection) 29 CFR 1926.750 - 761 and Appendix A - H			
Subpart CC (Crane Standard) 29 CFR 1926.1423 and 1431			

** I certify that I have trained the employee / worker for the equipment, company programs and / or OSHA standards listed above. I also certify that I am a competent person who is qualified to provide this training. A Competent Person is one who is capable of identifying existing and predictable hazards [OSHA 29 CFR 1926.32(f)]; authorized to take prompt corrective measures to eliminate hazards [OSHA 29 CFR 1926.32(f)]; and qualified to train employees in all aspects of fall protection covered in OSHA Subpart M [29 CFR 1926.503 (Subpart M)].*